

ELUL

DOING TZ'DAKAH AND G'MILUT HESED

TZ'DAKAH

As we approach the *Yamim Nora'im*, the High Holy Days, our thoughts are directed toward *teshuvah*, repentance. Each of us, in undertaking our own *heshbon ha'nefesh*, spiritual accounting, should seek to determine what unique and direct acts of *tz'dakah* could best help to atone for our misdeeds and shortcomings. We can then focus our energies during this month of preparation on performing such acts with a heightened level of intensity.

1 ELUL Rosh Hodesh Wed	Aug 31	16 Thu	Sep 15
2 Thu	Sep 1	17 Fri	Sep 16
3 Fri	Sep 2	18 KI TAVO Sat	Sep 17
4 SHOFTIM Sat	Sep 3	19 Sun	Sep 18
5 Sun	Sep 4	20 Mon	Sep 19
6 Mon	Sep 5	21 Tue	Sep 20
7 Tue	Sep 6	22 Wed	Sep 21
8 Wed	Sep 7	23 Thu	Sep 22
9 Thu	Sep 8	24 Fri	Sep 23
10 Fri	Sep 9	25 NITZANIM-VAYELEKH Sat <i>Selihot (Evening)</i>	Sep 24
11 KI TETZE Sat	Sep 10	26 Sun	Sep 25
12 Sun	Sep 11	27 Mon	Sep 26
13 Mon	Sep 12	28 Tue	Sep 27
14 Tue	Sep 13	29 Erev Rosh ha'Shanah Wed	Sep 28
15 Wed	Sep 14		

ELUL

From the 1st of *Elul*, until, but not including the day before *Rosh Hashanah*, we sound the *shofar* every morning after *Shaharit* except on *Shabbat*. The notes, *Te'kiyah - She'varim - Te'ru'ah - Te'kiyah* are blown but not announced. No blessing is recited. Also, from the 1st of *Elul* through *Hoshanah Rabbah*, at *Ma'ariv* and *Shaharit*, after *Aleinu* and Mourner's *Kaddish*, **ADD** *le'David Adonai Ori* (Psalm 27) (40/92/80), which is followed by an additional Mourner's *Kaddish* (52/100/82).

1 *Elul*

ROSH HODESH

Throughout *Rosh Hodesh*, in *Birkat ha'Mazon*, the Blessing After Meals, **ADD** *Ya'aleh ve'Yavo* (762/233/340) and the *ha'Rahaman* designated for *Rosh Hodesh* (768/235/343).

Tuesday Evening
August 30

MA'ARIV for weekdays. During *Amidah* **ADD** *Ya'aleh ve'Yavo* (216/145). We add *le'David Adonai Ori* (Psalm 27), which is followed by an additional mourner's *Kaddish* (52/100/82)..

Wednesday
August 31

SHAHARIT. During the *Amidah* **ADD** *Ya'aleh ve'Yavo* (114/41). **OMIT** *Tahanun* and immediately recite the abbreviated *Hallel* (380/50), **OMITTING** those sections not recited on *Rosh Hodesh*. Continue with the full *Kaddish* (392/56) and the *Torah* service (138/65). We read four *aliyyot* from *Parashat Pinehas*: Numbers 28:1-15 (1-3, 3-5, 6-10, 11-15). Recite the abbreviated *Kaddish*, return the *Torah* to the ark (150/76) and recite *Ashrei* (152/78). **OMIT** *la'Menatze'ah* (Ps. 20) and recite *U'va le'Tziyon* (156/80).

MUSAF. Recite the abbreviated *Kaddish* (428/103). **REMOVE** *tefillin* and continue with the *Musaf Amidah* for *Rosh Hodesh* (486/104), including, in the repetition, the *Kedushah* designated for weekdays (488/105). Recite the full *Kaddish* (506/82). Conclude as usual but, after *Aleinu* and *Shir Shel Yom*, **ADD** *Barekhi Nafshi* (Ps. 104, 34/90) followed by a Mourner's *Kaddish*. See above about adding *le'David Adonai Ori*.

MINHAH. As usual on weekdays, however, in the *Amidah*, **ADD** *Ya'aleh ve'Yavo* for *Rosh Hodesh* (178/127). **OMIT** *Tahanun*.

4 Elul

Saturday
September 3

SHABBAT PARASHAT SHOF'TIM

SHAḤARIT

Torah: Annual, Deuteronomy 16:18 - 21:9

Triennial, Deuteronomy 16:18 - 18:5

(i) 16:18-20 (ii) 16:21-17:7 (iii) 8-10 (iv) 11-13 (v) 14-17 (vi) 18-20 (vii) 18:1-5
m) 18:3-5

Haftarah: Isaiah 51:12 - 52:12

(The fourth of the seven *Haftarot* of Consolation.)

See above about adding *le'David Adonai Ori*.

11 Elul

Saturday
September 10

SHABBAT PARASHAT KI TETZE

SHAḤARIT

Torah: Annual, Deuteronomy 21:10 - 25:19

Triennial, Deuteronomy 21:10-23:7

(i) 21:10-14 (ii) 15-17 (iii) 18-21 (iv) 21:22-22:7 (v) 8-12 (vi) 13-29 (vii) 23:1-7
(m) 23:4-7

Haftarah: Isaiah 54:1-10

(The fifth of the seven *Haftarot* of Consolation.)

See above about adding *le'David Adonai Ori*.

18 Elul

Saturday
September 17

SHABBAT PARASHAT KI TAVO

SHAḤARIT

Torah: Annual, Deuteronomy 26:1 - 29:8

Triennial, Deuteronomy 26:1 - 27:10

(i) 26:1-3 (ii) 4-8 (iii) 9-11 (iv) 12-15 (v) 16-19 (vi) 27:1-4 (vii) 5-10 (m) 27:7-10

Haftarah: Isaiah 60:1 - 22

(The sixth of the seven *Haftarot* of Consolation.)

See above about adding *le'David Adonai Ori*.

25 Elul

Saturday
September 24

SHABBAT PARASHAT NITZAVIM — VAYELEKH

SHAḤARIT

Torah: Annual, Deuteronomy 29:9 - 31:30

Triennial, Deuteronomy 29:9 - 30:14

(i) 29:9-11; (ii) 12-14; (iii) 15-28 (iv) 30:1-3; (v) 4-6; (vi) 7-10; (vii) 11-14; (m) 11-14

Haftarah: Isaiah 61:10-63:9

(The seventh and last of the *Haftarot* of Consolation.)

See above about adding *le'David Adonai Ori*.

Saturday Evening
September 24

MA'ARIV. As usual for a Saturday evening **ADD** *Attah Honantanu* (212/287). However, after the Amidah recite full *Kaddish* (222/294) and **OMIT** *Viyhi No'am* (Ps. 90:17), **OMIT** *Yoshev be'Seter Elyon* (Ps. 91) and **OMIT** *Ve'Attah Kadosh*, all of which are usually recited

at the conclusion of *Shabbat. Havdalah* (700/299) is recited as it is on every Saturday evening.

25 Elul
Saturday Evening
September 24

SELIHOT

According to Sefaradic custom, *Selihot*, — special penitential prayers — are said every morning during **Elul**. The prevalent custom follows the Ashkenazic practice of reciting *Selihot* for a minimum of four mornings beginning on the Sunday before *Rosh ha'Shanah*. The first *Selihot* are recited late Saturday evening, this year Saturday evening, September 24th (usually at midnight). They are then recited every morning thereafter prior to the daily *Shaharit* service (except *Shabbat* and *Rosh ha'Shanah*) until *Yom Kippur*. The pattern of the penitential prayers is fixed and includes *piyyutim* (liturgical poems, differing each day), selected biblical verses, the Thirteen Attributes, "*Adonai, Adonai, El Rahum ve'hannun*", and a short confessional.

29 Elul
Wednesday
September 28

EREV ROSH HA'SHANAH

SHAHARIT. OMIT *Tahanun*. OMIT sounding of the shofar.

MINHAH. OMIT *Tahanun*.