

HESHVAN

Ma'asel Avot Siman L'banim – The Ancestors' Deeds Serve as a Testament to the Descendants

God's covenant with humanity and the Jewish people is a continuing theme in *Sefer Breishit*. In *parashat Lekh L'kha*, God says to Abraham, "I will establish my covenant between Me and you and your offspring — after you." To fully understand these words, think of an airline emergency. Parents are urged to don their oxygen masks before placing them on their children. Just as parents cannot effectively help their children if they themselves cannot breathe, God tells Abraham that — for the covenant to be fully realized — he and Sarah must behave in a "godly" manner, setting the example for future generations to follow.

1 <i>Rosh Hodesh Heshvan</i> Mon	Oct 19	16 Tue	Nov 3
2	Oct 20	17 Wed	Nov 4
3	Oct 21	18 Thu	Nov 5
4	Oct 22	19 Fri	Nov 6
5	Oct 23	20 <i>VA'YERA</i> Sat	Nov 7
6 <i>NO'AH</i> Sat	Oct 24	21 Sun	Nov 8
7	Oct 25	22 Mon	Nov 9
8	Oct 26	23 Tue	Nov 10
9	Oct 27	24 Wed	Nov 11
10	Oct 28	25 Thu	Nov 12
11	Oct 29	26 Fri	Nov 13
12	Oct 30	27 <i>HAYYEI SARAH</i> Sat <i>Mevarekhim ha'Hodesh</i>	Nov 14
13 <i>LEKH L'KHA</i> Sat	Oct 31	28 Sun	Nov 15
14	Nov 1	29 Mon	Nov 16
15	Nov 2	30 <i>Rosh Hodesh Kislev</i> Tue	Nov 17

HESHVAN

1 Heshvan

ROSH HODESH

Throughout *Rosh Hodesh*, in *Birkat ha'Mazon*, the Blessing After Meals, **ADD** *Ya'aleh ve'Yavo* (762/233/340) and the *Ha'Rahaman* designated for *Rosh Hodesh* (768/235/343).

Sunday Evening
October 18

MA'ARIV. As usual; however, in the *Amidah*, **ADD** *Ya'aleh ve'Yavo* (216/ 145).

Monday
October 19

SHAHARIT. During the *Amidah* **ADD** *Ya'aleh ve'Yavo* (114/41). **OMIT** *Tahanun* and immediately recite the abbreviated *Hallel* (380/50), **OMITTING** those sections not recited on *Rosh Hodesh*. Continue with the full *Kaddish* (392/56) and the Torah service (138/65). We read four *aliyyot* from *Parashat Pinehas*: Numbers 28:1-15 (1-3, 3-5, 6-10, 11-15). Recite the abbreviated *Kaddish*, *hagbahah* and *galilah*, and return the Torah to the ark (150/76) and recite *Ashrei* (252/78). **OMIT** *la'Menatze'ah* (Ps. 20) and recite *U'va le'Tziyon* (156/80).

MUSAF. *Tefillin* are **REMOVED**. Recite the abbreviated *Kaddish* (428/103) and continue with the *Musaf Amidah* for *Rosh Hodesh* (486/104), including, in the repetition, the *Kedushah* designated for weekdays (488/105). Recite full *Kaddish* (506/82). Conclude as usual but, after *Aleinu* and *Shir Shel Yom*, **ADD** *Barekhi Nafshi* (Ps. 104, 34/90) followed by a Mourner's *Kaddish*.

MINHAH. As usual on weekdays; however, in the *Amidah*, **ADD** *Ya'aleh ve'Yavo* for *Rosh Hodesh* (178/127). **OMIT** *Tahanun*.

6 Heshvan

SHABBAT PARASHAT NO'AH

Saturday
October 24

SHAHARIT
Torah: Annual, Genesis 6:9 - 11:32
Triennial, Genesis 11:1 - 11:32
(l) 11:1-11:4 (ii) 5-9 (iii) 10-13 (iv) 14-17 (v) 18-21 (vi) 22-25 (vii) 26-32 (m) 11:29-11:32
Haftarah: (a) Isaiah 54:1-55:5 (s) Isaiah 54:1-10

13 Heshvan

Saturday
October 31

SHABBAT PARASHAT LEKH L'KHA

SHAḤARIT

Torah: Annual: Genesis 12:1 – 17:27

Triennial: Genesis 16:1 – 17:27

(i) 16:1-16:6 (ii) 7-9 (iii) 10-16 (iv) 17:1-17:6 (v) 7-17 (vi) 18-23 (vii) 24-27
(m) 17:24-27

Haftarah: Isaiah 40:27 – 41:16

20 Heshvan

Saturday
November 7

SHABBAT PARASHAT VA'YERA

SHAḤARIT

Torah: Annual: Genesis 18:1 - 22:24

Triennial: Genesis 21:1 - 22:24

(i) 21:1-21:4 (ii) 5-13 (iii) 14-21(iv) 22-34 (v) 22:1-22:8 (vi) 9-19 (vii) 20-24
(m) 22:20-22:24

Haftarah: (a) II Kings 4:1-37 (s) II Kings 4:1-33

27 Heshvan

Saturday
November 14

SHABBAT PARASHAT ḤAYYEI SARAH

MEVAREKHIM HA'ḤODESH

SHAḤARIT

Torah: Annual: Genesis 23:1 – 25:18

Triennial: Genesis 24:53 - 25:18

(i) 24:53-24:58 (ii) 59-61(iii) 62-67 (iv) 25:1-25:6 (v) 7-11 (vi) 12-15 (vii) 16-18
(m) 25:16-25:18

Haftarah: I Kings 1:1-31

MEVAREKHIM HA'ḤODESH. After the Torah reading, before returning the Torah to the ark, announce *Rosh Hodesh Kislev* which begins *ba'yom ha'shlishi u'va'yom ha'rivi'i* (Tuesday and Wednesday). **OMIT** *Av ha'Rahamim* even in those congregations whose custom is to recite it on *Shabbat*.

MINḤAH. As usual, with the Torah reading being from the beginning of *Parashat Tol'dot*.

29 Heshvan

Monday
November 16

MINḤAH. Omit Tahnanun.

30 Heshvan

ROSH HODESH

Throughout *Rosh Hodesh*, in *Birkat ha'Mazon*, the Blessing After Meals, **ADD** *Ya'aleh ve'Yavo* (762/233/340) and the *ha'Rahaman* designated for *Rosh Hodesh* (768/235/343).

Monday Evening
November 16

MA'ARIV. As usual; however, in the *Amidah*, **ADD** *Ya'aleh ve'Yavo* (216/145) for *Rosh Hodesh*.

Tuesday
November 17

SHAHARIT. During the *Amidah* **ADD** *Ya'aleh ve'Yavo* (114/41). **OMIT** *Tahanun* and immediately recite the abbreviated *Hallel* (380/50), **OMITTING** those sections not recited on *Rosh Hodesh*. Continue with the full *Kaddish* (392/56) and the Torah service (138/65). We read four *aliyyot* from *Parashat Pinehas*: Numbers 28:1-15 (1-3, 3-5, 6-10, 11-15). Recite the abbreviated *Kaddish*, *hagbahah* and *galilah*, return the Torah to the ark (150/76) and recite *Ashrei* (152/78). **OMIT** *la'Menatze'ah* (Ps. 20) and recite *U'va le'Tziyon* (156/80).

MUSAF. *Tefillin* are **REMOVED**. Recite the abbreviated *Kaddish* (428/103) and continue with the *Musaf Amidah* for *Rosh Hodesh* (486/104), including, in the repetition, the *Kedushah* designated for weekdays (488/105). Recite full *Kaddish* (506/82). Conclude as usual but, after *Aleinu* and *Shir Shel Yom*, **ADD** *Barekhi Nafshi* (Ps. 104, 34/90) followed by a Mourner's *Kaddish*.

MINHAH. As usual on weekdays; however, in the *Amidah*, **ADD** *Ya'aleh ve'Yavo* for *Rosh Hodesh* (178/127). **OMIT** *Tahanun*.