

ELUL

U'vaharta Ba'hayyim – Choose Life!

Putting aside the weighty issue of reward and punishment, we can still learn a lot from the recital of blessings and curses. What we do and what we refrain from doing all have an effect on our lives. There are positive effects, blessings if you will, from doing *tzedakah* and refraining from *lashon ha'ra*, for example. There are negative effects from both acting badly (e.g., stealing) and refraining from doing good, i.e., neglecting to do *bikur holim*— to visit the sick, study Torah, or honor one's parents.

1 <i>Rosh Hodesh Elul</i> Wed	Aug 11	16 Thu	Aug 26
2 Thu	Aug 12	17 Fri	Aug 27
3 Fri	Aug 13	18 <i>KITAVO</i> Sat	Aug 28
4 <i>SHOF'TIM</i> Sat	Aug 14	19 Sun	Aug 29
5 Sun	Aug 15	20 Mon	Aug 30
6 Mon	Aug 16	21 Tue	Aug 31
7 Tue	Aug 17	22 Wed	Sep 1
8 Wed	Aug 18	23 Thu	Sep 2
9 Thu	Aug 19	24 Fri	Sep 3
10 Fri	Aug 20	25 <i>NITZAVIM - VA'YEILEKH</i> Sat <i>Selihot (Evening)</i>	Sep 4
11 <i>KI TETZEI</i> Sat	Aug 21	26 Sun	Sep 5
12 Sun	Aug 22	27 Mon	Sep 6
13 Mon	Aug 23	28 Tue	Sep 7
14 Tue	Aug 24	29 <i>EREV ROSH HA'SHANAH</i> Wed	Sep 8
15 Wed	Aug 25		

ELUL

From the 1st of *Elul*, until, but not including the day before *Rosh Hashanah*, we sound the *shofar* every morning after *Shaharit* except on *Shabbat*. The notes, *Te'kiyah - She'varim - Te'ru'ah - Te'kiyah* are blown but not announced. No blessing is recited. Also, from the 1st of *Elul* through *Hoshanah Rabbah*, at *Ma'ariv* and *Shaharit*, after *Aleinu* and Mourner's *Kaddish*, **ADD Le'David Adonai Ori** (Psalm 27) (40/92/80), which is followed by an additional Mourner's *Kaddish* (52/100/82).

1 *Elul*

ROSH HODESH

Throughout *Rosh Hodesh*, in *Birkat ha'Mazon*, the Blessing After Meals, **ADD Ya'aleh ve'Yavo** (762/233/340) and the *Ha'Rahaman* designated for *Rosh Hodesh* (768/235/343).

Tuesday Evening
August 10

MA'ARIV for weekdays. During *Amidah* **ADD Ya'aleh ve'Yavo** (216/145) and **ADD Psalm 27** (40/92/80).

Wednesday
August 11

SHAHARIT. During the *Amidah* **ADD Ya'aleh ve'Yavo** (114/41). After the *Amidah* **OMIT Tahanan** and immediately recite the abbreviated *Hallel* (380/50), **OMITTING** those sections not recited on *Rosh Hodesh*. Continue with the full *Kaddish* (392/56) and the Torah service (138/65). We read four *aliyyot* from *Parashat Pinehas*: Numbers 28:1-15 (1-3, 3-5, 6-10, 11-15). Recite the abbreviated *Kaddish*, return the Torah to the ark (150/76) and recite *Ashrei* (152/78). **OMIT la'Menatze'ah** (Ps. 20) and recite *U'va le'Tziyon* (156/80).

MUSAF. *Tefillin* are **REMOVED**. Recite the abbreviated *Kaddish* (428/103) and continue with the *Musaf Amidah* for *Rosh Hodesh* (486/104), including, in the repetition, the *Kedushah* designated for weekdays (488/105). Recite full *Kaddish* (506/82). Conclude as usual but, after *Aleinu* and *Shir Shel Yom*, **ADD Barekhi Nafshi** (Ps. 104, 34/90) followed by a Mourner's *Kaddish*, *Shofar* and Psalm 27 (40/92).

MINHAH. As usual on weekdays; however, in the *Amidah*, **ADD Ya'aleh ve'Yavo** for *Rosh Hodesh* (178/127). **OMIT Tahanan**.

4 *Elul*

SHABBAT PARASHAT SHOF'TIM

Saturday
August 14

SHAHARIT
Torah: Annual, Deuteronomy 16:18 - 21:9
Triennial, Deuteronomy 19:14-21:9
(i) 19:14-19:21 (ii) 20:1-20:4 (iii) 5-9 (iv) 10-14 (v) 15-20 (vi) 21:1-21:6 (vii) 7-9 (m) 21:7-21:9
Haftarah: Isaiah 51:12 - 52:12
(The fourth of the seven *Haftarot* of Consolation.)

11 Elul
Saturday
August 21

SHABBAT PARASHAT KI TETZEI

SHAHARIT

Torah: Annual, Deuteronomy 21:10 - 25:19

Triennial, Deuteronomy 24:14-25:19

(i) 24:14-24:16 (ii) 17-19 (iii) 20-22 (iv) 25:1-25:4 (v) 5-10 (vi) 11-16 (vii) 17-19

(m) 25:17-25:19

Haftarah: Isaiah 54:1-10

(The fifth of the seven *Haftarot* of Consolation.)

18 Elul
Saturday
August 28

SHABBAT PARASHAT KI TAVO

SHAHARIT

Torah: Annual, Deuteronomy 26:1 - 29:8

Triennial, Deuteronomy 27:11 - 29:8

(i) 27:11-28:3 (ii) 4-6 (iii) 7-11 (iv) 12-14 (v) 15-69 (vi) 29:1-29:5 (vii) 6-8

(m) 29:6-29:8

Haftarah: Isaiah 60:1 - 22

(The sixth of the seven *Haftarot* of Consolation.)

25 Elul
Saturday
September 4

SHABBAT PARASHAT NITZAVIM - VA'YEILEKH

SHAHARIT

Torah: Annual, Deuteronomy 29:9-31:30

Triennial, Deuteronomy 31:7 - 31:30

(i) 31:7-31:9 (ii) 10-13 (iii) 14-19 (iv) 20-22 (v) 22-24 (vi) 25-27 (vii) 28-30

(m) 31:28-31:30

Haftarah: Isaiah 61:10 - 63:9

(The seventh and last of the *Haftarot* of Consolation.)

26 Elul
Saturday Evening
September 4

MA'ARIV. As usual for *motzei Shabbat*, Saturday night. However, **OMIT** the abbreviated *Kaddish* (682/292) and **OMIT** *Viyhi No'am* (Ps. 90: 17, 684/292/158), *Yoshev Be'seter Elyon* (Ps. 91, 684/292/158) and *Ve'Attah Kadosh* (684/293/159) usually recited at the conclusion of *Shabbat*. Continue with full *Kaddish* (678/294/160) and *Aleinu* (696/297/163). Psalm 27 (40/80/92) is recited followed by Mourner's *Kaddish* (698/298/164). *Havdalah* (700/299/165) is recited as it is on every Saturday evening.

SELIHOT

According to *Sefaradi* custom, *Selihot*, special penitential prayers, are said every morning during **Elul**. The *Ashkenazi* practice is to recite *Selihot* for a minimum of four mornings beginning on the Sunday before *Rosh ha'Shanah*. The first *Selihot* are recited late Saturday evening, this year Saturday evening, September 4th (usually at midnight) and every morning thereafter (except *Shabbat* and *Rosh ha'Shanah*) until *Yom Kippur*, prior to the daily *Shaharit* service. The pattern of the penitential prayers is fixed and includes *piyyutim* (liturgical poems, differing each day), selected biblical verses, the Thirteen Attributes "Adonai, Adonai, El raḥum ve'ḥanun", and a short confessional.

29 Elul

Wednesday
September 8

EREV ROSH HA'SHANAH

SHAHARIT. OMIT Tah_unan. OMIT sounding of the *shofar*.

MINHAH. OMIT Tah_unan.